

# QUIET DAY 12 MARCH 2016

## LENT & THE TRANSFORMATION OF THE UNCONSCIOUS

### SCHEDULE

9:30 - 9:40 **Introduction**

9:40 - 10:40 **First Conference**

9:40 - 9:55 First session of reflections on the theme of the day

9:55 - 10:18 First session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!**

10:20 - 10:40 First session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)  
[Enter silently from 10:18 to 10:20. At 10:20 we will intone the bell and begin silent prayer.]

---

10:40 - 11:40 **Second Conference**

10:40 - 10:55 Second session of reflections on the theme of the day

10:55 - 11:18 Second session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!**

11:20 - 11:40 Second session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)  
[Enter silently from 11:18 to 11:20. At 11:20 we will intone the bell and begin praying.]

---

11:40 - 12:00 **Third Conference**

11:40 - 11:55 Third session of reflections on the theme of the day

11:55 - 12:18 Third session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!**

12:20 - 12:40 Third session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)  
[Enter silently from 12:18 to 12:20. At 12:20 we will intone the bell and begin praying.]

12:40 - 1:00 **Eucharist. All are welcome.**

### **Lent and the Transformation of the Unconscious**

At Jesus' baptism the heavens were rent open and a voice filled the air, "You are My son, the beloved, with you I am well pleased." Immediately Jesus began to confront every obstacle to the experience of this loving, boundless Presence. Lent invites us to follow Jesus all the way into boundless Presence.

---

# Luke's Gospel (lectionary year C)

## Christmas/Epiphany

### Miscellaneous Christmas/Epiphany Texts of Favor

Zacharias. Luke 1:13	“Your prayer has been heard.”
Elizabeth. Luke 1:25	“The Lord has looked upon me (taken notice, looked with favor) to take away my reproach.”
Mary. Luke 1:28	“Hail favored one.”
Shepherds. Luke 2:14	“Glory to God in the highest, and on earth peace among humanity with whom God is well pleased.”
Simeon. Luke 2:29-32	“Lord, now you are letting your servant depart in peace, according to your word; for my eyes have seen your salvation that you have prepared in the presence of all peoples, a light for revelation to the Gentiles, and for glory to your people Israel.”
Jesus' Baptism. Lk. 3:22	You are My son, the Beloved, in you I am well pleased
Jesus' Proclamation. Lk. 4:18-19	Anointed to proclaim good news, the season of the Lord's favor
The Transfiguration. Lk. 9:35	“This is My Son, the Chosen One; listen to him.”

### The Feast of The Epiphany. The Story of the Magi. Matthew 2:1-12

#### The Baptism of Jesus. Luke 3:21-22

<sup>21</sup>When all the people were baptized, Jesus also was baptized. As he was praying, heaven opened, <sup>22</sup>and the Holy Spirit descended on him in a physical appearance like a dove. And a voice came from heaven, “you are My Son, the Beloved, in you I am well pleased.”

#### The Announcement of Good News. Luke 4:14-30

**4:14** And Jesus returned in the power of the Spirit to Galilee, and a report about him went out through all the surrounding country. <sup>15</sup>And he taught in their synagogues, being glorified by all.

<sup>16</sup>And he came to Nazareth, where he had been brought up. And as was his custom, he went to the synagogue on the Sabbath day, and he stood up to read. <sup>17</sup>And the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written,

<sup>18</sup> “The Spirit of the Lord is upon me,  
because he has anointed me  
to proclaim good news to the poor.  
He has sent me to proclaim liberty to the captives  
and recovering of sight to the blind,  
to set at liberty those who are oppressed,  
<sup>19</sup> to proclaim the year of the Lord's favor.”

<sup>20</sup> And he rolled up the scroll and gave it back to the attendant and sat down. And the eyes of all in the synagogue were fixed on him. <sup>21</sup> And he began to say to them, “Today this Scripture has been fulfilled in your hearing.” <sup>22</sup> And all spoke well of him and marveled at the gracious words that were coming from his mouth. And they said, “Is not this Joseph's son?” <sup>23</sup> And he said to them, “Doubtless you will quote to me this proverb, ‘Physician, heal yourself.’ What we have heard you did at Capernaum, do here in your hometown as well.” <sup>24</sup> And he said, “Truly, I say to you, no prophet is acceptable in his hometown. <sup>25</sup> But in truth, I tell you, there were many widows in Israel in the days of Elijah, when the heavens were shut up three years and six months, and a great famine came over all the land, <sup>26</sup> and Elijah was sent to none of them but only to Zarephath, in the land of Sidon, to a woman who was a widow. <sup>27</sup> And there were many lepers in Israel in the time of the prophet Elisha, and none of them was cleansed, but only Naaman the Syrian.” <sup>28</sup> When they heard these things, all in the synagogue were filled with wrath [a state of intense displeasure, anger, wrath, rage, indignation]. <sup>29</sup> And they rose up and drove him out of the town and brought him to the brow of the hill on which their town was built, so that they could throw him down the cliff. <sup>30</sup> But passing through their midst, he went away.

## Lent

### **The Temptation of Jesus. Luke 4:1-13** [Gospel for first Lent]

**4:1** And Jesus, full of the Holy Spirit, returned from the Jordan and was led around by the Spirit in the wilderness <sup>2</sup> for forty days, being tempted by the devil. And he ate nothing during those days. And when they were ended, he was hungry. <sup>3</sup> The devil said to him, “If you are the Son of God, command this stone to become bread.” <sup>4</sup> And Jesus answered him, “It is written, ‘Man shall not live by bread alone.’” <sup>5</sup> And the devil took him up and showed him all the kingdoms of the world in a moment of time, <sup>6</sup> and said to him, “To you I will give all this authority and their glory, for it has been delivered to me, and I give it to whom I will. <sup>7</sup> If you, then, will worship me, it will all be yours.” <sup>8</sup> And Jesus answered him, “It is written,

“You shall worship the Lord your God,  
and him only shall you serve.”

<sup>9</sup> And he took him to Jerusalem and set him on the pinnacle of the temple and said to him, “If you are the Son of God, throw yourself down from here, <sup>10</sup> for it is written,

“He will command his angels concerning you,  
to guard you,”

<sup>11</sup> and

“On their hands they will bear you up,  
lest you strike your foot against a stone.”

<sup>12</sup> And Jesus answered him, “It is said, ‘You shall not put the Lord your God to the test.’” <sup>13</sup> And when the devil had ended every temptation, he departed from him until an opportune time.

### **Jesus Reveals Fully the Way of Love. The Prodigal Son. Luke 15:1-3, 11b-32 [Gospel for fourth Lent]**

15:1 Now all the tax collectors and sinners were coming near to listen to him. <sup>2</sup> And the Pharisees and the scribes were grumbling and saying, “This fellow welcomes sinners and eats with them.”

<sup>3</sup> So he told them this parable:

<sup>11</sup> “There was a man who had two sons. <sup>12</sup> The younger of them said to his father, ‘Father, give me the share of the property that will belong to me.’ So he divided his property between them. <sup>13</sup> A few days later the younger son gathered all he had and traveled to a distant country, and there he squandered his property in dissolute living. <sup>14</sup> When he had spent everything, a severe famine took place throughout that country, and he began to be in need. <sup>15</sup> So he went and hired himself out to one of the citizens of that country, who sent him to his fields to feed the pigs. <sup>16</sup> He would gladly have filled himself with the pods that the pigs were eating; and no one gave him anything. <sup>17</sup> But when he came to himself he said, ‘How many of my father’s hired hands have bread enough and to spare, but here I am dying of hunger! <sup>18</sup> I will get up and go to my father, and I will say to him, ‘Father, I have sinned against heaven and before you; <sup>19</sup> I am no longer worthy to be called your son; treat me like one of your hired hands.’” <sup>20</sup> So he set off and went to his father. But while he was still far off, his father saw him and was filled with compassion; he ran and put his arms around him and kissed him. <sup>21</sup> Then the son said to him, ‘Father, I have sinned against heaven and before you; I am no longer worthy to be called your son.’ <sup>22</sup> But the father said to his slaves, ‘Quickly, bring out a robe-- the best one-- and put it on him; put a ring on his finger and sandals on his feet. <sup>23</sup> And get the fatted calf and kill it, and let us eat and celebrate; <sup>24</sup> for this son

of mine was dead and is alive again; he was lost and is found!' And they began to celebrate.

25 "Now his elder son was in the field; and when he came and approached the house, he heard music and dancing. 26 He called one of the slaves and asked what was going on. 27 He replied, 'Your brother has come, and your father has killed the fatted calf, because he has got him back safe and sound.' 28 'Then he became angry and refused to go in. His father came out and began to plead with him. 29 But he answered his father, 'Listen! For all these years I have been working like a slave for you, and I have never disobeyed your command; yet you have never given me even a young goat so that I might celebrate with my friends. 30 But when this son of yours came back, who has devoured your property with prostitutes, you killed the fatted calf for him!' 31 Then the father said to him, 'Son, you are always with me, and all that is mine is yours. 32 But we had to celebrate and rejoice, because this brother of yours was dead and has come to life; he was lost and has been found.'"

*Love people even in their sin, for that is the semblance of Divine Love and is the highest love on earth. Love all of God's creation, the whole and every grain of sand of it. Love every leaf, every ray of God's light. Love the animals, love the plants, love everything. If you love everything, you will perceive the divine mystery in things. Once you perceive it, you will begin to comprehend it better every day. And you will come at last to love the whole world with an all-embracing love.*

--Fyodor Dostoyevsky, The Brothers Karamazov

### The Beatitudes

Blessed are the pure in heart, for they will see God:

humble

mourn

meek

hunger and thirst for relationship with God

merciful

pure in heart

peacemakers

When someone enters your orbit, how do they feel? Does your presence help them feel like they are loved? That they are sacred creatures – they may not realize what you know, that they are divine, but do they “feel” or “intuit” because of you (if, or to whatever degree, they will allow their self) that they are of utmost value and deeply loved? And does this continue throughout their encounter with you? Even if they don’t realize at all what’s going on, is something soul expanding and joyful happening simply because they were with you? Are they brought to peace, to some degree and even if just for a little while, simply because they were in your presence? Does your loving kindness ... your love and kindness ... invite people to experience the Light, Life, and Love of God right here right now?

### Luke 6:27-38 [Gospel reading for Epiphany 7C and proper 2C]

6:27 "But I say to you that listen, Love your enemies, do good to those who hate you, 28 bless those who curse you, pray for those who abuse you. 29 If anyone strikes you on the cheek, offer the other also; and from

anyone who takes away your coat do not withhold even your shirt. <sup>30</sup> Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. <sup>31</sup> Do to others as you would have them do to you.

32 "If you love those who love you, what credit is that to you? For even sinners love those who love them. <sup>33</sup> If you do good to those who do good to you, what credit is that to you? For even sinners do the same. <sup>34</sup> If you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. <sup>35</sup> But love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High; for he is kind to the ungrateful and the wicked.

36 Be merciful, just as your Father is merciful. <sup>37</sup> "Do not judge, and you will not be judged; do not condemn, and you will not be condemned. Forgive, and you will be forgiven; <sup>38</sup> give, and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back."

### **I Corinthians 13** [Epiphany 4C]

Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrongdoing, but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things. Love never ends.

### **Matthew 9:13; 12:7**

"Go learn what this means, 'I desire mercy not religion.' For I came not to call the righteous, but sinners."

"Because you have failed to learn what this means, 'I desire mercy not religion,' you have condemned the innocent."

### **Jesus' Passion and the Double-Bind** [Luke 22:39-46 excerpted from the Gospel for Palm Sunday]

39 He came out and went, as was his custom, to the Mount of Olives; and the disciples followed him. <sup>40</sup> When he reached the place, he said to them, "Pray that you may not come into the time of trial." <sup>41</sup> Then he withdrew from them about a stone's throw, knelt down, and prayed, <sup>42</sup> "Father, if you are willing, remove this cup from me; yet, not my will but yours be done." <sup>43</sup> Then an angel from heaven appeared to him and gave him strength. <sup>44</sup> In his anguish he prayed more earnestly, and his sweat became like great drops of blood falling down on the ground. <sup>45</sup> When he got up from prayer, he came to the disciples and found them sleeping because of grief, <sup>46</sup> and he said to them, "Why are you sleeping? Get up and pray that you may not come into the time of trial."