

Quiet Day 11 June 2022

ALWAYS, WE BEGIN AGAIN

9:30 - 9:40 **Introduction**

9:40 - 10:40 **First Conference**

9:40 - 9:55 First session of reflections on the theme of the day

9:55 - 10:18 First session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!**

10:20 - 10:40 First session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)
[Enter silently from 10:18 to 10:20. At 10:20 we will intone the bell and begin silent prayer.]

10:40 - 11:40 **Second Conference**

10:40 - 10:55 Second session of reflections on the theme of the day

10:55 - 11:18 Second session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!**

11:20 - 11:40 Second session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)
[Enter silently from 11:18 to 11:20. At 11:20 we will intone the bell and begin praying.]

11:40 - 12:00 **Third Conference**

11:40 - 11:55 Third session of reflections on the theme of the day

11:55 - 12:18 Third session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!**

12:20 - 12:40 Third session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)
[Enter silently from 12:18 to 12:20. At 12:20 we will intone the bell and begin praying.]

12:40 - 1:00 **Eucharist. All are welcome.**

Always, We Begin Again

Today we'll focus on beginning a practice of awakening to the presence of the Holy Spirit within. And for those who are practiced, the day will help you begin again ... and again.

The Collect for Purity:

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy Name; through Christ our Lord. Amen.

The Contemplative Dimension of the Gospel

Begin as You Are, Not as You Are Not

In the end, all spiritual practice is about being present

I Thessalonians 5:16-18

Always rejoice.
Without ceasing pray.
In all things give thanks.

II Corinthians 10:5

We take every thought captive to the obedience of Christ

Ephesians 2:4-6

But God being rich in mercy, because of the great love with which he loved us, even though we were dead in our trespasses made us alive together in Christ – by grace you are saved – and raised us up with God and seated us with God in the heavenly places in Christ Jesus.

Matthew 6:6, 9-13

But whenever you pray, go into your inner room and close (lock, bar) the door and pray to your father in secret, and your father who sees in secret will reward you.

Our Father, who art in heaven
hallowed by thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread,
And forgive us our trespasses,
as we forgive those
who trespass against us.

And lead us not into temptation,
but deliver us from evil.

Father

our

who dwells in the heavens;

let be hallowed/sacred your Name;

let your kingdom come;

let your will be done,
as in heaven also on earth;

our bread, the *epiousion*, give to us today;

and forgive us our debts,
as we also forgive those indebted to us;

and lead us not into temptation,
but deliver/rescue us from evil.