

Quiet Day 13 August 2022

ALWAYS, WE BEGIN AGAIN AGAIN III

9:30 - 9:40 **Introduction**

9:40 - 10:40 **First Conference**

9:40 - 9:55 First session of reflections on the theme of the day

9:55 - 10:18 First session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!**

10:20 - 10:40 First session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)
[Enter silently from 10:18 to 10:20. At 10:20 we will intone the bell and begin silent prayer.]

10:40 - 11:40 **Second Conference**

10:40 - 10:55 Second session of reflections on the theme of the day

10:55 - 11:18 Second session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!**

11:20 - 11:40 Second session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)
[Enter silently from 11:18 to 11:20. At 11:20 we will intone the bell and begin praying.]

11:40 - 12:00 **Third Conference**

11:40 - 11:55 Third session of reflections on the theme of the day

11:55 - 12:18 Third session for thoughtful, conversational prayer: Restrooms, refreshments, stroll the grounds, reflect in the church. The entire campus is open to us. **Please maintain quiet. Please keep talking to a minimum and please talk quietly. Thank you!**

12:20 - 12:40 Third session of Silent Prayer in the Sanctuary. (Or thoughtful meditation in the Music Center.)
[Enter silently from 12:18 to 12:20. At 12:20 we will intone the bell and begin praying.]

12:40 - 1:00 **Eucharist. All are welcome.**

Always, We Begin Again

Today we'll focus on beginning a practice of awakening to the presence of the Holy Spirit within. And for those who are practiced, the day will help you begin again ... and again.

The Collect for Purity:

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy Name; through Christ our Lord. Amen.

The Contemplative Dimension of the Gospel

Begin as You Are, Not as You Are Not

In the end, all spiritual practice is about being present

Matthew 6:6, 9-13

But whenever you pray, go into your inner room and close (lock, bar) the door and pray to your father in secret, and your father who sees in secret will reward you.

Our Father, who art in heaven
hallowed by thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread,
And forgive us our trespasses,
as we forgive those who trespass against us
And lead us not into temptation,
but deliver us from evil.

Luke 10:39; 11:1-13

She (Martha) had a sister named Mary, who sat at the Lord's feet and listened to his word.

11:1 Jesus was praying in a certain place, and after he had finished, one of his disciples said to him, "Lord, teach us to pray, as John taught his disciples." He said to them, "When pray say:

Father,
hallowed be thy Name
thy kingdom come

Give us each day our daily bread
And forgive us our sins
for we also forgive everyone indebted to us
And do not lead us into temptation

Father

Father

our

who dwells in the heavens;

let be hallowed/sacred your Name;

let your kingdom come;

let your will be done,
as in heaven also on earth;

our bread, the *epiousion*¹, give to us today;

and forgive us our debts,
as we also forgive those indebted to us;

and do not lead us into temptation,
but deliver/rescue us from evil.

let be hallowed/sacred your Name

let your kingdom come

our bread, the *epiousion*, give to us each day

and forgive us our sins,
as we also forgive those indebted to us

and do not lead us into temptation

Matthew 6:14-15 For if you forgive others their trespasses, your heavenly Father will also forgive you; but if you do not forgive others, neither will your Father forgive your trespasses.

Luke 11:5-13 *summary*: The parable of the friend who comes asking for bread in the middle of the night. Followed by, “Ask and it will be given to you; seek and you will find, knock and it will be opened to you. For all who ask receive, and the one who seeks finds, and to the one who knocks it will be opened. What father among you, if your son asks for a fish, will give him a snake instead of a fish? Or if he asks for an egg, would give him a scorpion? If you then, who are evil, know how to give good gifts to your children, how much more will your heavenly Father give the Holy Spirit to those who ask?”

¹ “*epiousion*” = super substantial or the bread of the new era (the Kingdom of God) or the Holy Spirit

Martha and Mary. Luke 10:38-42

Preceding the Martha and Mary story, an expert in religious law asked Jesus what he must do to inherit eternal life. Jesus replied with the two great commandments – love God and love your neighbor. The lawyer replied, “and who is my neighbor?” In response, Jesus told the story of the Good Samaritan finishing with “You go and do likewise.”

If the story of the Good Samaritan explains what it means to be a good neighbor, and does so, by the way, in an unexpected, astonishing way, the Martha and Mary story explain what it means to love God, also in an astonishing, unexpected way.

Luke 10:38-42

Now as they were on their way, Jesus entered a certain village where a woman named Martha welcomed him as her guest. She had a sister named Mary who was seated at the Lord’s feet hearing his word. But Martha was being drawn away and distracted concerning much service, so she came up to him and said, “Lord, is it not a concern to you that my sister has left me alone to do all the serving? Tell her then to take part and help me.” And the Lord answered her, “Martha, Martha, you are anxious and apprehensive, troubled and distracted concerning many things, but one thing is needed, for Mary the better part has chosen, which will not be taken away from her.”